

4 RMC
Credit Points



3RD

RSSDI RESEARCH RETREAT 2024



13TH & 14TH
APRIL, 2024



RAJASTHAN INTERNATIONAL
CENTER, JAIPUR



+91 98231 33669



www.rssdi.in



rssdiresearchretreat@gmail.com

RSSDI Research Retreat is an exclusive meeting focused on Research in the field of Diabetes organized by Research Society for The Study of Diabetes in India (**RSSDI**). Eminent speakers from all over India present their latest research work during this conference. This conference also provides a platform to young researchers and students for presenting their work. They are also encouraged to participate in thesis competition and mentorship program. Multiple workshops covering various aspects of research and publication are also organized. After the grand success of the first 2 conferences, **3rd RSSDI Research Retreat** is scheduled to be held at **Jaipur** on **13th & 14th April 2024**.

This conference also offers various opportunities to young medical students. Students who are naive to research, can learn the basics of conducting research projects, applying for grants, writing abstracts, publishing papers, conducting meta-analysis etc by attending various workshops. Researchers who have already begun their journey can submit their abstracts, present their papers and participate in various competitions. This conference also provides opportunities for students in the form of mentorship programs and paper writing mentorship. Student registration is offered at a discounted price of Rs. 2000 + GST. Those who can't afford the registration fees can also apply for waiver through their unit heads and HODs.

WORKSHOPS

- Research Methodology
- Successful grant writing
- How to write an article
- How to do a metanalysis
- How to read a paper
- How to conduct an RCT

HIGHLIGHTS

- Original Research presented by eminent KOLs
- Original Research by pharma industry
- Free paper presentation
- Thesis competition
- Mentorship Program
- Workshops for young researchers



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Dr Sandeep Arora



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Dr Sanjay Saran



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Dr Sudhir Kumar Jain



Dr Sudhir Mehta



Dr Swati Srivastava



Dr Vijay Kapoor

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- **Manoj Chawla**, Mumbai
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- **Pankaj Yadav**, Jodhpur
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- **Purvi Chawla**, Mumbai
- **Purvi Purohit**, Jodhpur
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- **S. V. Madhu**, New Delhi
- **Sameer Dixit**, Pune
- **Samit Ghosal**, Kolkata
- **Sanjay Agarwal**, Pune
- **Sanjay Sud**, Srirampur
- **Sanket Pendsey**, Nagpur
- **Santanu Chaudhury**, Jodhpur
- **Sarita Bajaj**, Prayagraj
- **Shalini Jaggi**, New Delhi
- **Shashank Joshi**, Mumbai
- **Shivam Verma**, Barabanki
- **Smriti Rastogi**, Lucknow
- **Sujoy Ghosh**, Kolkata
- **Sunil Gupta**, Nagpur
- **Supratik Bhattacharya**, Kolkata
- **Swapnil Shinde**, Mumbai
- **Swaraj Amit**, Gulbarga
- **Tavpritesh Sethi**, New Delhi
- **V. Mohan**, Chennai
- **Vasanth Kumar**, Hyderabad
- **Vijay Vishwanathan**, Chennai
- **Vipul Chawda**, Ahmedabad



3RD RSSDI RESEARCH RETREAT 2024

13th & 14th April, 2024
Rajasthan International Center, Jaipur

YOU'RE CORDIALLY INVITED TO THE
**INAUGURAL
CEREMONY**
OF THE

3RD RSSDI RESEARCH RETREAT 2024

13 APRIL, 2024
12:30 PM ONWARDS

RAJASTHAN INTERNATIONAL CENTER, JAIPUR



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rssdiresearchretreat@gmail.com



3RD RSSDI RESEARCH RETREAT 2024

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SATURDAY, 13TH APRIL 2024 , 12:30 PM ONWARDS

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President
RSSDI



Dr Vijay Viswanathan
President Elect
RSSDI



Dr Brij Mohan Makkar
Imm. Past President
RSSDI



Dr Sanjay Agarwal
Secretary General
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Organising Chairman



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Scientific Coordinator



Dr Sandeep Mathur
Scientific Coordinator

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Secretary



3RD RSSDI RESEARCH RETREAT 2024

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SATURDAY, 13TH APRIL 2024 , 12:30 PM ONWARDS

CHIEF GUEST



Dr V M Katoch
MD (AIIMS, Delhi), Ph.D.,
FAMS, FNASc, FNA

Ex Director General of ICMR

Fellow Member : National Academy
of Sciences (FNASc); Fellow of
National Academy of Medical
Sciences (FAMS); Fellow of Academy
of Sciences, Bangalore (FASc); Fellow
of Indian Academy of Science (FNA)

GUESTS OF HONOR



Dr Sudhir Bhandari

MD, DNB, MNAMS, FRCP
(London), FRCP
(Edinburgh)

VICE CHANCELLOR – (RUHS)
Rajasthan University of Health Science,
Rajasthan

FORMER PRINCIPAL & CONTROLLER –
SMS Medical College & Hospital, Jaipur

Consultant –Internal Medicine,
Diabetes & Endocrinology



Ms Rekha Koita

B.Tech (Metallurgical Engineering,
IIT, Bombay), MS (Materials
Science, Carnegie Mellon
University)

Co Founder & Director, Koita
Foundation

Former management consultant
at Accenture for over 8 years.



Dr Anand Deshpande

B.Tech (IIT, Kharagpur),
MS,PhD (Computer Science,
Indiana University, USA)

Founder, Chairman & MD, Persistent
Systems

Co-chair of the Governing body of the
DBT-BRIC (Biotechnology Research
Innovation Council)

Chairman of the Board of Governors of IIT
Patna and the interim Chairman of the
Board of Governors at IIIT Allahabad
and the Chairman of the Board of
Governors of VJTI, Mumbai.



3RD RSSDI RESEARCH RETREAT 2024

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SATURDAY, 13TH APRIL 2024 , 12:30 PM ONWARDS

Masters of Ceremony : Dr Anchin Kalia & Dr Avani Verma



Welcome of Dignitaries

🕒 10 mins



**Welcome Address by
Organising Chairman Dr Arvind Gupta**

🕒 3 mins



**Address by Scientific Chair and
Imm Past President Dr Brij Mohan Makkar**

🕒 3 mins



**Presidential Address by
Dr Rakesh Sahay**

🕒 3 mins



Lamp Lighting & Saraswati Vandana

🕒 5 mins



**Secretarial Address by
Dr Sanjay Agarwal**

🕒 3 mins



**Declaration of Collaborations with NCG and
KCDD/IIT and address by Guest of honor -
Ms Rekha Koita**

🕒 8 mins



3RD RSSDI RESEARCH RETREAT 2024

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SATURDAY, 13TH APRIL 2024 , 12:30 PM ONWARDS

Masters of Ceremony : Dr Anchin Kalia & Dr Avani Verma



**Release of VRSI Guidelines on
Diabetic Retinopathy**

🕒 3 mins



**Inauguration of RSSDI Annual Case
Book 2024 – Dr NK Singh**

🕒 3 mins



**Address by Chief Guest Dr V M Katoch
Ex Director General of ICMR**

🕒 5 mins



**Address by Guest of honor
Dr Sudhir Bhandari**

🕒 3 mins



**Address by Guest of honor
Dr Anand Deshpande**

🕒 3 mins



**Vote of thanks by Organising Secretary
Dr Rakesh Parikh**

🕒 3 mins



National Anthem

🕒 2 mins



MINI AUDITORIUM 1

Day 1 : 13th April, 2024 (Saturday)

09:00 AM – 10:00 AM	Registration	
10:00 AM – 11:15 AM	Opening Session	Chair Persons: Dr Vijay Viswanathan (Chennai) Dr Amit Gupta (Noida)
10:00 AM – 10:20 AM	Haptoglobin gene and vascular disease in diabetes	Dr Puneet Saxena , Jaipur
10:20 AM – 10:40 AM	The ICMR-INDIAB Study – Lessons learnt and future directions	Dr R M Anjana , Chennai
10:40 AM – 11:00 AM	Multipronged approach to halt the rising prevalence of diabetes and obesity	Dr Banshi Saboo , Ahmedabad
11:00 AM – 11:15 AM	Discussion	
11:15 AM – 11:30 AM	Tea / Coffee Break	
11:30 AM – 12:00 PM	RSSDI Research Retreat Honour Lecture	Rapporteur: Dr Banshi Saboo Chair Persons: Dr Rakesh Sahay (Hyderabad) Dr Brij Mohan Makkar (New Delhi)
11:30 AM – 12:00 PM	Epidemiological Studies – What do they teach us and why are they important?	 Dr V Mohan , Chennai
12:00 PM – 12:30 PM	Plenary Session	Chair Persons: Dr Shashank Joshi (Mumbai) Dr Prakash Keswani (Jaipur)
12:00 PM – 12:30 PM	Pioneering Research & Innovative Initiatives of RSSDI	Dr Rakesh Sahay , Hyderabad
12:30 PM – 01:00 PM	Inauguration	
01:00 PM – 02:00 PM	Lunch	
02:00 PM – 03:00 PM	Chair Persons: Dr Sudhir Bhandari (Jaipur) Dr G D Ramchandani (Kota)	
02:00 PM – 02:15 PM	Revisiting Index of Central Obesity & its role in metabolic disorders	Dr Shashank Joshi , Mumbai
02:15 PM – 02:30 PM	Project Diabetes with dignity intervention	Dr A. G. Unnikrishnan , Pune
02:30 PM – 02:45 PM	Sarcopenic Obesity – Prevalence & Determinants	Dr Nitin Kapoor , Vellore
02:45 PM – 03:00 PM	Discussion	

MINI AUDITORIUM 1

Day 1 : 13th April, 2024 (Saturday)



**3RD RSSDI RESEARCH
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03:00 PM – 04:00 PM

Chair Persons: **Dr Hem Shanker Sharma** (Bhagalpur)
Dr Vinay Kumar Dhandania (Ranchi)

03:00 PM – 03:15 PM

Alkaline phosphatase and its association with diabetes related vascular risk – Emerging novel perspectives

Dr SV Madhu, New Delhi

03:15 PM – 03:30 PM

TBR – Retrospective Continuous Glucose Monitoring Analysis to Detect Hypoglycemia in Routine Clinical Practice

Dr Purvi Chawla, Mumbai

03:30 PM – 03:45 PM

Transforming diabetes care with TIR metrics in 999 T2D: RWE from Kerala with isCGM

Dr Jothydev Kesawadev, Trivandrum

03:45 PM – 04:00 PM

Discussion

04:00 PM – 04:15 PM

Tea / Coffee Break

04:15 PM – 05:00 PM

Malignancy

Chair Persons: **Dr Vidyut Shah** (Rajkot)
Dr Dheeraj Verma (Jaipur)

04:15 PM – 04:30 PM

A retrospective study to assess the risk of bladder cancer in type-2 diabetic patients treated with pioglitazone

Dr Ashish Gautam, Agra

04:30 PM – 04:45 PM

Gene expression profiling and protein–protein network analysis revealed prognostic hub biomarkers linking cancer risk in type 2 diabetic patients

Dr Pankaj Yadav, Jodhpur

04:45 PM – 05:00 PM

Busting the myths around non-nutitive sweeteners (NSS)

Dr Banshi Saboo, Ahmedabad

05:00 PM – 06:00 PM

Epidemiology

Chair Persons: **Dr Ashu Rastogi** (Chandigarh)
Dr Pratap Jethwani (Rajkot)

05:00 PM – 05:15 PM

Pulmonary TB among patients with prediabetes

Dr Vijay Viswanathan, Chennai

05:15 PM – 05:30 PM

Prevalence of hyperuricemia in Indian population with hypertension

Dr Bijay Patni, Kolkata

05:30 PM – 05:45 PM

Secular trends in CV risk factors among urban and rural population in India – STRIDE – 1 study

Dr Nanditha Arun, Chennai

05:45 PM – 06:00 PM

Discussion

MINI AUDITORIUM 1

Day 1 : 13th April, 2024 (Saturday)



**3RD RSSDI RESEARCH
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06:00 PM – 07:00 PM

SGLT2i

Chair Persons: **Dr Vijay Kapoor** (Jaipur)
Dr Rajendra Singh Tanwar (Jaipur)

06:00 PM – 06:15 PM

GENIUS Study – Genitorurinary infection
evaluation in patients using SGLT2i and other
OHAs

Dr Aravinda Jagdeesha,
Bengaluru

06:15 PM – 06:30 PM

DKA in patients on SGLT2 inhibitors – a case
report

Dr Pratap Jethwani, Rajkot

06:30 PM – 06:45 PM

MESIDA Trial – Safety & efficacy of triple drug
FDC

Dr A K Singh, Kolkata

06:45 PM – 07:00 PM

Discussion

07:00 PM – 10:00 PM

Networking Dinner

MINI AUDITORIUM 2

Day 1 : 13th April, 2024 (Saturday)



**3RD RSSDI RESEARCH
RETREAT 2024**

13th & 14th April, 2024
Rajasthan International Center, Jaipur

09:00 AM – 10:00 AM	Registration	
10:00 AM – 01:00 PM	Plenary Sessions in Mini Auditorium 1	
01:00 PM – 02:00 PM	Lunch	
02:00 PM – 03:00 PM	Andrology	Chair Persons: Dr Neeraj Lodha (Pali) Dr Shalini Jaggi (New Delhi)
02:00 PM – 02:15 PM	Androgen Deficiency in Aging Males (ADAM) Score as a Predictor of Total Testosterone Levels in Type 2 Diabetes Mellitus: A Prospective, Cross-sectional Study	Dr Swaraj Amit , Gulbarga
02:15 PM – 02:30 PM	Assessment of erectile dysfunction and other sexual dysfunction in men with type 2 diabetes mellitus: A multicenter observational study in North India	Dr Mukulesh Gupta , Lucknow
02:30 PM – 02:45 PM	Assessment of hypogonadism and its determinants among adult men with type 2 diabetes mellitus	Dr Jayshree Swain , Cuttack
02:45 PM – 03:00 PM	Discussion	
03:00 PM – 04:00 PM	Mixed Bag	Chair Persons: Dr JK Sharma (New Delhi) Dr NK Singh (Dhanbad)
03:00 PM – 03:15 PM	Corneal Confocal Microscopy in Type 1 diabetes	Dr Sujoy Ghosh , Kolkata
03:15 PM – 03:30 PM	Mass spectrometry-based metabolome profiling for patient stratification and early diagnosis of complications among Asian Indian patients with Type 2 diabetes mellitus	Dr Pramod P Wangikar , Mumbai
03:30 PM – 03:45 PM	Efficacy of Insulin Degludec/Insulin Aspart (IDegAsp) vs. Insulin Glargine (IGlarU300) in Insulin-Naïve Patients with Type 2 Diabetes: A Retrospective Study	Dr Dhruvi Hasnani , Ahmedabad
03:45 PM – 04:00 PM	Diet versus insulin therapy in GDM	Dr Sunil Gupta , Nagpur
04:00 PM – 04:15 PM	Tea / Coffee Break	

MINI AUDITORIUM 2

Day 1 : 13th April, 2024 (Saturday)



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04:15 PM – 05:00 PM	Mixed bag	Chair Persons: Dr M Shungamvelu (Trichy) Dr Rajeev Kasliwal (Jaipur)
04:15 PM – 04:30 PM	Digital Twin-Enabled Personalized Nutrition Improves Metabolic Dysfunction-Associated Fatty Liver Disease in Type 2 Diabetes: Results of a 1-Year Randomized Controlled Study	Dr Paramesh Shamanna , Bangalore
04:30 PM – 04:45 PM	Is REMogliflozin an effective Drug in MANaging Type-2 diabetes mellitus: A comparative study (REDMAN)	Dr Prabhat Agrawal , Agra
04:45 PM – 05:00 PM	Insulin thermostability in a real-world setting	Dr Sanket Pendsey , Nagpur
05:00 PM – 06:00 PM	Incretins	Chair Persons: Dr Anil Virmani (Jamshedpur) Dr Bhavesh Patel (Modasa)
05:00 PM – 05:15 PM	Tirzepatide Vs Insulin glargine as second-line or third-line therapy in T2DM in asia pacific region – SURPASS-AP Combo trial	Dr Manoj Chawla , Mumbai
05:15 PM – 05:30 PM	The Effect of Oral Semaglutide in Combination with other Hypoglycemic Agents in Patients with Diabetes: A Case Series	Dr Vipul Chawda , Ahmedabad
05:30 PM – 05:45 PM	Insight into the early use of oral semaglutide in routine indian clinical practice – SOLID Study	Dr Supratik Bhattacharya , Kolkata
05:45 PM – 06:00 PM	Discussion	



MINI AUDITORIUM 2

Day 1 : 13th April, 2024 (Saturday)

06:00 PM – 07:00 PM

Mixed Bag

Chair Persons: **Dr Pradyumn Sharma** (Jaipur)
Dr C Balaji (Chennai)

06:00 PM – 06:15 PM

Study of Microalbuminuria and Albumin – Creatinine Ratio in type 2 Diabetes Mellitus and their correlation with GFR and other biochemical parameters.

Dr Ashok Kumar

06:15 PM – 06:30 PM

ICMR-INDIAB – How has diabetes changed over the years (North India perspective)

Dr Sarita Bajaj

06:30 PM – 06:45 PM

Comparative effectiveness of stem cells therapy in the management of diabetic foot ulcer among patients with diabetes mellitus: A systematic review and network meta-analysis of randomized controlled trials

Dr Rakhi Gaur

06:45 PM – 07:00 PM

Diabetes Treatment-Related Myths and the Impact of COVID-19 on Diabetes Knowledge An Indian Survey-Based Study

Dr Subhash Kumar

07:00 PM – 10:00 PM

Networking Dinner



LECTURE HALL 1

Day 1 : 13th April, 2024 (Saturday)

09:00 AM – 10:00 AM	Registration	
10:00 AM – 01:00 PM	Plenary Sessions in Mini Auditorium 1	
01:00 PM – 02:00 PM	Lunch	
02:00 PM – 03:00 PM	Generating Real World Evidence From Clinics	Chair Persons: Dr Supriyo Mukherjee (Samastipur) Dr V. RAJENDRAN (Coimbatore)
	<p>In this workshop attendees will delve into methodologies for collecting and analyzing clinical data to generate robust real-world evidence. We will discuss strategies for leveraging electronic health records, patient registries, and observational studies to extract meaningful insights. Practical examples and case studies will be presented to illustrate the application of real-world evidence.</p>	<p>Dr Krishna Seshadri (Chennai)</p> <p>Dr Manoj Chawla (Mumbai)</p> <p>Dr Jothydev Kesavdev (Trivandrum)</p>
03:00 PM – 05:00 PM	IJDDC Reviewers Workshop	Chair Persons: Dr Rajeev Chawla (New Delhi) Dr S V Madhu (New Delhi)
10 mins	Context setting- How to write a good review- expectations from	Dr Rajeev Chawla , New Delhi
10 mins	IJDDC Expectations from reviewers Based on IJDDC Questionnaire	Dr S V Madhu , New Delhi
10 mins	Indepth questionnaire covering all possible areas on conducting a good review	Dr Arvind Gupta , Jaipur
10 mins	Basic statistical data evaluation	Dr Dhananjay Raje , Nagpur
10 mins	Designing Reviewer's comments -To authors, editors, Minor/ major revisions	Dr AK Singh , Kolkata
30 mins	Panel Discussion	Dr Rakesh Sahay, Dr Krishna Seshadri, Dr Vijay Viswanathan, Dr Sujoy Ghosh, Dr SV Madhu, Dr Rajeev Chawla
30 mins	Q&A -One is to one discussion	

LECTURE HALL 1

Day 1 : 13th April, 2024 (Saturday)



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05:00 PM – 05:15 PM

Tea / Coffee Break

05:15 PM – 07:00 PM

**RSSDI/IJDDC Workshop – Essentials
of Manuscript Writing in The Right
way**

Chair Persons: **Dr Rajeev Chawla** (New Delhi)
Dr Rakesh Sahay (Hyderabad)
Nitin Kapoor (Vellore)

What is PICOTS – structuring the research
question

Dr Nitin Kapoor, Vellore

What is IMRAD – structuring the paper
(Introduction, Methods, Results, and
Discussion)

Dr Nitin Kapoor, Vellore

Basics of Statistics

Dr Dhananjay Raje, Nagpur

Referencing and submitting to a journal

Plagiarism – what is it and how to avoid it?

Dr Avinash Kumar, Pondicherry

Discussion

07:00 PM – 10:00 PM

Networking Dinner



LECTURE HALL 2

Day 1 : 13th April, 2024 (Saturday)

09:00 AM – 10:00 AM	Registration	
10:00 AM – 01:00 PM	Plenary Sessions in Mini Auditorium 1	
01:00 PM – 02:00 PM	Lunch	
02:00 PM – 03:00 PM	Planning Obesity Research In Clinics – What Can We Do?	Moderators : Dr Sanjay Gandhi (Pune) Dr Rupam Das (Guwahati)
	<p>In this workshop participants will explore the latest advancements and methodologies in studying obesity within clinical settings. Topics will encompass assessing obesity-related health outcomes, designing interventions, and implementing lifestyle modifications. Through case studies and interactive discussions, attendees will gain practical insights into conducting effective obesity research in clinical environments, with a focus on improving patient outcomes and public health</p>	Dr Neeta Deshpande Dr Rucha Mehta Dr Nitin Kapoor
03:00 PM – 04:00 PM	Beginners guide to clinical research	Moderators : Dr Rakesh Sahay (Hyderabad) Dr BM Makkar (New Delhi)
03:00 PM – 03:15 PM	Chosing the right hypothesis	Dr Krishna Seshadri
03:15 PM – 03:30 PM	Research Methodology & Protocol Designing	Dr Nanditha Arun
03:30 PM – 03:45 PM	Data collection & Analysis	Dr Sujoy Ghosh
03:45 PM – 04:00 PM	Publishing your research	Dr Avinash Kumar
04:00 PM – 04:15 PM	Tea / Coffee Break	
04:15 PM – 05:00 PM	RSSDI Textbook Workshop	
	<p>This is a dedicated workshop for authors of RSSDI Text Book of diabetes. The authors will receive comprehensive guidance on the process of conceptualizing, writing their chapter. Practical exercises and expert insights will equip participants with the tools and strategies needed to create authoritative and impactful textbook.</p>	Dr Kamlakar Tripathi Dr Rajeev Chawla Dr Banshi Saboo Dr Amit Gupta



LECTURE HALL 2

Day 1 : 13th April, 2024 (Saturday)

05:00 PM – 06:00 PM

**Workshop – Using AI for Research &
Paper Writing**

Chairpersons : **Dr Arvind Sharma** (Jaipur)
Dr S S Daria (Jaipur)

05:00 PM – 05:15 PM

AI tools to review published research papers

Dr Amit Gupta

05:15 PM – 05:30 PM

Statistics made easy with AI tools

Dr Bharat Saboo

05:30 PM – 05:45 PM

AI in paper writing – how much and how?

Dr Amit Dey

05:45 PM – 06:00 PM

Discussion

06:00 PM – 07:00 PM

TBD

07:00 PM – 10:00 PM

Networking Dinner



LECTURE HALL 3 - TECHNOLOGY HALL

Day 1 : 13th April, 2024 (Saturday)

09:00 AM – 10:00 AM	Registration	
10:00 AM – 01:00 PM	Plenary Sessions in Mini Auditorium 1	
01:00 PM – 02:00 PM	Lunch	
02:00 PM – 07:00 PM	HealthTech Symposium	Master of Ceremony : Dr Swati Goel
02:00 PM – 03:00 PM	Panel Discussion - How can technology help accelerate diabetes research?	Moderator : Dr Anand Deshpande

Dr Anurag Agarwal
Dean Ashoka University

Dr Santanu Chaudhury
Director IIT Jodhpur

Dr Manoj Chawla
RSSDI

03:00 PM – 04:00 PM	How could you leverage ChatGPT to improve your productivity? (Part 1)	
	Dr Navin Kabra Founder Reliscore	Sameer Dixit Persistent Systems
	Dhruva Ray Persistent Systems	
04:00 PM – 04:15 PM	Tea / Coffee Break	
04:15 PM – 05:00 PM	How could you leverage ChatGPT to improve your productivity? (Part 2)	
	Dr Navin Kabra Founder Reliscore	Sameer Dixit Persistent Systems
	Dhruva Ray Persistent Systems	



LECTURE HALL 3 - TECHNOLOGY HALL

Day 1 : 13th April, 2024 (Saturday)

05:00 PM – 06:00 PM

**Panel Discussion – How could
technology help improve practice
and treatment adherence?**

Chairpersons : **Dr Sanjay Agrawal** (Pune)

Dr Tavpritesh Sethi
IIIT Delhi

Rajashree Menon
GOQii

Dr Amit Gupta
RSSDI

06:00 PM – 07:00 PM

HealthTech Presentations

Chairpersons : **Dr Mukul Gupta** (Jaipur)
Dr Madhulata Agarwal (Jaipur)

06:00 PM – 06:10 PM

Ayushman Bharat Digital Mission

Dr Shobhit Rastogi

06:10 PM – 06:20 PM

Diabetes Management Score

Dr Rajesh Kesari

06:20 PM – 06:30 PM

Validation of Tele-HRV: A Novel Digital Health
Solution for Cardiovascular Risk Detection in
Diabetes

Dr Vaishali Deshmukh

06:30 PM – 06:40 PM

Prediction of micro and macrovascular
complications in Type II Diabetes Mellitus using
Heart Rate Variability

Dr Leena Phadke

06:40 PM – 06:50 PM

A High-throughput screening platform for
identifying potential drug candidates and their
target GPCRs governing diabetes

Dr Swapnil Shinde

06:50 PM – 07:00 PM

Discussions

07:00 PM – 10:00 PM

Networking Dinner

MINI AUDITORIUM 1

Day 2 : 14th April, 2024 (Sunday)



**3RD RSSDI RESEARCH
RETREAT 2024**

13th & 14th April, 2024
Rajasthan International Center, Jaipur

08:30 AM – 09:00 AM	Registration	
09:30 AM – 10:30 AM	Adiposity	Chair Persons: Dr Aditya Saxena (Mathura) Dr Vitull K Gupta (Bathinda)
09:30 AM – 09:45 AM	Adipose tissue and beta cell dysfunction interphase: The molecular thread	Dr Sandeep Mathur , Jaipur
09:45 AM – 10:00 AM	Determinants of adiposity in intra-uterine and post-natal period in Indians	Dr C S Yagnik , Pune
10:00 AM – 10:15 AM	Heterogeneous distribution of body mass index in obesity and underweight –analysis of global data with emphasis on South East Asia	Dr A. H. Zargar , Srinagar
10:15 AM – 10:30 AM	Discussion	
10:30 AM – 11:15 AM	Therapeutics	Chair Persons: Dr C Muralidharan (Dindigul) Dr Balram Sharma (Jaipur)
10:30 AM – 10:45 AM	A High potency multi-strain probiotic improves glycemic control in children with new-onset type 1 diabetes mellitus: A randomized, double- blind, and placebo-controlled pilot study	Dr Rakesh Kumar , Chandigarh
10:45 AM – 11:00 AM	Effect of a single dose of zoledronic acid on bone mineral density and trabecular bone score in Indian postmenopausal osteoporotic women with and without type 2 diabetes mellitus – A prospective cohort pilot study	Dr Jayaprakash Sahoo , Puducherry
11:00 AM – 11:15 AM	Comparative study of the effects of azilsartan and telmisartan on insulin resistance and metabolic biomarkers in essential hypertension associated with type 2 diabetes mellitus	Dr Rashmi Mohanty , Bhubaneswar
11:15 AM – 11:30 AM	Tea / Coffee Break	

MINI AUDITORIUM 1

Day 2 : 14th April, 2024 (Sunday)



**3RD RSSDI RESEARCH
RETREAT 2024**

13th & 14th April, 2024
Rajasthan International Center, Jaipur

11:30 AM – 12:30 PM		Chair Persons: Dr Ravi Kant (Dehradun) Dr Ajay Shah (Jaipur)
11:30 PM – 11:45 PM	Preferred Initial Insulin regimen in Type 2 DM among Indians –A multicenter Randomized control trial	Dr A Ramachandran , Chennai
11:45 PM – 12:00 PM	Critical New Of Newer Weight Loss Medications Through The Eyes Of Systematic Review And Metanalysis	Dr Deep Dutta , New Delhi
12:00 PM – 12:15 PM	How to write a research paper	Dr Anoop Misra , New Delhi
12:15 PM – 12:30 PM	Discussion	
12:30 PM – 01:15 PM		Chair Persons: Dr Vijay Kumar (Bihar) Dr C L Nawal (Jaipur)
12:30 PM – 12:45 PM	Utility of urinary nephrin in patients with and without diabetic nephropathy and its correlation with albuminuria	Dr M.Vadivelan , Puducherry
12:45 PM – 01:00 PM	Metformin mediates MicroRNA-21 regulated circulating matrix metalloproteinase-9 in diabetic nephropathy: an in-silico and clinical study	Dr Purvi Purohit , Jodhpur
01:00 PM – 01:15 PM	DKD – Bench to Bedside	Dr Arvind Gupta , Jaipur
01:15 PM – 02:00 PM		Lunch
02:00 PM – 03:00 PM		Chair Persons: Dr Suresh K G (Bengaluru) Dr Anchin Kalia (Jaipur)
02:00 PM – 02:15 PM	Post-COVID Syndrome: The Stranger Ghost of Culprit COVID-19	Dr Sudhir Bhandari , Jaipur
02:15 PM – 02:30 PM	SARS-CoV-2 Seroprevalence in Individuals With Type 1 and Type 2 Diabetes Compared With Controls	Dr Alpesh Goyal , Jaipur
02:30 PM – 02:45 PM	Spontaneous Hypoglycemia due to insulin autoimmune syndrome. Response to steroid and Rituximab therapy	Dr C M Batra , New Delhi
02:45 PM – 03:00 PM	Glucagon and Cardiovascular Disease	Dr N K Singh , Dhanbad

MINI AUDITORIUM 1

Day 2 : 14th April, 2024 (Sunday)



**3RD RSSDI RESEARCH
RETREAT 2024**

13th & 14th April, 2024
Rajasthan International Center, Jaipur

03:00 PM – 04:00 PM

Epidemiology

Chair Persons: **Dr Lily Rodrigues** (Hyderabad)
Dr Deepak Gupta (Jaipur)

03:00 PM – 03:15 PM

High Prevalence of Metabolically Obese Normal Weight Phenotype in People with Type 2 Diabetes in Asian Indians

Dr B M Makkar, New Delhi

03:15 PM – 03:30 PM

Designing a population based prospective study: Lessons from PURE study

Dr Rajeev Gupta, Jaipur

03:30 PM – 03:45 PM

RSSDI Roadmap for promotion of research in the field of diabetes

Dr Sanjay Agarwal, Pune

03:45 PM – 04:00 PM

Discussion

04:00 PM Onwards

Closing Remarks & Valedictory

MINI AUDITORIUM 2

Day 2 : 14th April, 2024 (Sunday)



**3RD RSSDI RESEARCH
RETREAT 2024**

13th & 14th April, 2024
Rajasthan International Center, Jaipur

08:30 AM – 09:00 AM	Registration	
09:30 AM – 10:30 AM	Mixed bag	Chair Persons: Dr JK Sharma (New Delhi) Dr Sanjay Mehndiratta (Jaipur)
09:30 AM – 09:45 AM	Comparative Evaluation of Waist-to-Height Ratio and BMI in Predicting Adverse Cardiovascular Outcome in People With Diabetes: A Systematic Review	Dr Ajoy Tiwari , Lucknow
09:45 AM – 10:00 AM	Assessing the impact of usage of steroids among newly detected diabetes patients in a study among covid-19 patients across India	Dr Anuj Maheshwari , Lucknow
10:00 AM – 10:15 AM	Peripheral arterial disease and ASCVD Prevention in Diabetes	Dr Ashu Rastogi , Chandigarh
10:15 AM – 10:30 AM	Algorithms in obesity management	Dr Neeta Deshpande , Belgaum
10:30 AM – 11:15 AM	Epidemiology – North India	Chair Persons: Dr Prakash Keswani (Jaipur) Dr Sudhir Jain (Jaipur)
10:30 AM – 10:45 AM	Prevalence of Latent Autoimmune Diabetes in Adult Based on the Presence of GAD 65 Antibodies in North-Eastern Uttar Pradesh, India	Dr Anubha Sriwastav , Allahabad
10:45 AM – 11:00 AM	Comparison of clinical features, complication profile, and achievement of guideline targets in early- and late-onset type 2 diabetes patients from North India	Dr Hamid Ashraf , Aligarh
11:00 AM – 11:15 AM	A Clinico-epidemiological Study Of Diabetes Mellitus Among Urban And Rural Population Of Lucknow	Dr Abhishek Arun , Lucknow
11:15 AM – 11:30 AM	Tea / Coffee Break	

MINI AUDITORIUM 2

Day 2 : 14th April, 2024 (Sunday)



**3RD RSSDI RESEARCH
RETREAT 2024**

13th & 14th April, 2024
Rajasthan International Center, Jaipur

11:30 AM – 12:30 PM	CKD	Chair Persons: Dr Prahlad Chawla (Ghaziabad) Dr Vinay Malhotra (Jaipur)
11:30 AM – 11:45 AM	Correlation between Cortical renal thickness & estimated EGFR in DN pts	Dr Shalini Jaggi , New Delhi
11:45 AM – 12:00 PM	CITE Initiative – Background & Protocol	Dr Binayak Sinha , Kolkata
12:00 PM – 12:15 PM	CITE initiative – Interim Results	Dr Sambit Ghoshal , Kolkata
12:15 PM – 12:30 PM	Discussion	
12:30 PM – 01:15 PM	Glucose Metrics	Chair Persons: Dr Subhash Kumar (Patna) Dr Sandeep Arora (Jaipur)
12:30 PM – 12:45 PM	Demystifying the mechanisms underlying impaired fasting glucose (IFG)	Dr Rucha Mehta , Ahmedabad
12:45 PM – 01:00 PM	Utilizing Bgm Readings To Assess Glycemic Control In People With Type 2 Diabetes	Dr Kirti Soota , New Delhi
01:00 PM – 01:15 PM	Association between glycemic gap and adverse outcomes in critically ill patients	Dr Swati Sriwastav , Jaipur
01:15 PM – 02:00 PM	Lunch	
02:00 PM – 03:00 PM	Complications	Chair Persons: Dr Lotika Purohit (Mumbai) Dr Sanjay Saran (Jaipur)
02:00 PM – 02:15 PM	SGLT2 Inhibitors: Effect on Myocardial Infarction and Stroke in Type 2 Diabetes	Dr Kaushik Pandit , Kolkata
02:15 PM – 02:30 PM	Prevalence of LV diastolic dysfunction in people with Type 2 diabetes mellitus with a normal LV systolic function	Dr Sanjay Sud , Srirampur
02:30 PM – 02:45 PM	Anthropometry and blood biomarkers of diabetes and their possible association with obesity and metabolic syndrome	Dr Shivam Verma , Barabanki
02:45 PM – 03:00 PM	Vitamin D Deficiency and its Correlation with the Severity of Heart Disease in Dilated Cardiomyopathy Patients	Dr Shubhalaxmi Margekar



MINI AUDITORIUM 2

Day 2 : 14th April, 2024 (Sunday)

03:00 PM – 04:00 PM	Obesity	Chair Persons: Dr Mayura Kale (Aurangabad) Dr P P Patidar (Jaipur)
03:00 PM – 03:15 PM	Eating Disorders: Assessing Its Prevalence and Pattern Among Adults With Type 2 Diabetes	Dr Arti Muley , Pune
03:15 PM – 03:30 PM	Obesity and its Link to Undiagnosed Diabetes Mellitus and Hypertension in Rural Parts of Western India	Dr Meenakshi Kalyan , Bangalore
03:30 PM – 03:45 PM	The Impact of Time-Restricted Meal Intake on Glycemic Control and Weight Management in Type 2 Diabetes Mellitus Patients: An 18-Month Longitudinal Study	Dr Smriti Rastogi , Lucknow
03:45 PM – 04:00 PM	Discussion	
04:00 PM Onwards	Closing Remarks & Valedictory in Mini Auditorium 1	



LECTURE HALL 1

Day 2 : 14th April, 2024 (Sunday)

08:00 AM - 09:00 AM

Registration & Welcome

09:00 AM - 11:00 AM

**Free Paper Presentations -
5 mins Presentation + 3 mins
Discussion (5 Slides)**

Judges : **Dr Saurabh Srivastava** (Greater Noida)
Dr Anil Samaria (Ajmer)

FIB-4 Score does not correlate with liver steatosis but with liver fibrosis as measured by velocity controlled transient elastography

Dr Dinesh Kumar

Analysis of Fibroscan Report - Prediction of spectrum of Fatty Liver Disease and Liver Fibrosis in primary care setting

Dr Muralidharan Chakkarai

Unveiling Hidden Diabetes : Investigating Prevalence And Prediction After Acute Stroke In A Tertiary Care Setting

Dr Gurrevala Sai Sanjeev Kumar

To evaluate the relationship of risk factor between diabetes mellitus and thyroid Dysfunction (Thyrobetes) in JNU Hospital, Jaipur.

Dr Madhumati Varma

Prevalance of prediabetes in young adult presenting with CAD ACS their demographic & clinical characteristics biochemical marker & short term clinical outcome

Dr Namrata Sharma

Risk of co-morbidities, poor sleep quality and mental health in overweight and obese post menopausal women with diabetes from South India

Dr Satyavani Kumpatla

An Alpha-test of Diabetology.co.in- An Algorithm Driven Personalized & Precision medicine Prescription System for Treatment Naive Patients with Type 2 Diabetes

Dr Preeti Tripathi

Prevalence, Metabolic Consequences of Non Alcoholic Fatty Liver Disease (NAFLD) and its Association with Microvascular Complications and Ventricular Dysfunction in Patients with Type 2 Diabetes Mellitus

Dr Nihar Ranjan Sahoo

Comparative study of clinical profile of type 1 versus type 2 diabetes mellitus patients requiring hospitalization in a tertiary care hospital in a metropolitan city in India.

Dr Harshada Rane



LECTURE HALL 1

Day 2 : 14th April, 2024 (Sunday)

09:00 AM – 11:00 AM
(Cont)

Free Paper Presentations –
5 mins Presentation + 3 mins
Discussion (5 Slides)

Judges : **Dr Saurabh Srivastava** (Greater Noida)
Dr Anil Samaria (Ajmer)

Diagnosing Type 1 Diabetes in Eighth Decade of Life

Dr Indhumathi Thanga Kuberan

Gestational Diabetes: Impact on Mother and Baby's well-being (Retrospective study)

Dr Somesh Chougule

Incidence of delay in treatment-seeking behavior amongst T2DM patients – A clinic based cross sectional descriptive study in India

Dr Shubhashree Patil

Screening for pancreatic autoantibodies among the first-degree relatives of children and adolescents with type 1 diabetes mellitus

Dr Amruthendu Anirudhan

11:00 AM – 11:30 AM

IJCMD – Writing Mentorship

10:30 AM – 10:40 AM

PG students will be provided mentorship and handholding for converting their abstracts into full text articles and getting their first research paper published.

Dr Krishna Seshadri
Dr Samit Ghoshal

11:30 AM – 01:00 PM

Free Paper Presentations –
5 mins Presentation + 3 mins
Discussion (5 Slides)

Judges : **Dr Sandeep Sriwastava** (Jaipur)
Dr C L Nawal (Jaipur)

Incidence of LV diastolic dysfunction in people with T2DM having a normal Renal function in comparison with impaired Renal function

Dr Sanjay Sud

SERUM CREATININE TO CYSTATIN C RATIO IN RELATION TO FIBROSIS IN NON-ALCOHOLIC FATTY LIVER DISEASE (NAFLD)

Dr Chinmaya Singh

Beyond Type 2, A Quest For The Islets: 'malabsorption Unveils Pancreatogenic Diabetes In A Young Women's Diabetic Odyssey'

Dr Srishti Puri

Etiology and outcomes of diabetic ketoacidosis in NIMS Hospital, Jaipur: A Retrospective Analysis.

Dr Shubhadeep Paul



LECTURE HALL 1

Day 2 : 14th April, 2024 (Sunday)

11:30 AM – 01:00 PM
(Cont)

**Free Paper Presentations –
5 mins Presentation + 3 mins
Discussion (5 Slides)**

Judges : **Dr Sandeep Sriwastava** (Jaipur)
Dr C L Nawal (Jaipur)

Hypertension the Missed Modifiable Risk Factor for
Diabetic Neuropathy: a Systematic Review

Dr Nirja Kaka

A case report of Insulin neuritis / Treatment induced
neuropathy of Diabetes – not so rare ?

Dr Akash Paruthi

Prevalence of microvascular and macrovascular
complications in patients with Type 2 DM in primary
care setting

**Dr Indhumathi Thanga
Kubaran**

Unveiling The Masquerade: Diabetic Amyotrophy
Disguised As Sciatica: Diagnostic Agility Averts Surgery

Dr Meher Sneha

Hyperglycemia Made The Man Dance Helplessly: A Rare
Symphony Of Diabetic Striatopathy –a Case Report

Dr Gauri Singh

From Sweetness to Suffering: Unveiling the Clinical and
Etiological – Tapestry of Diabetic Neuropathy – A
Retrospective Analysis

Dr Priyanka Thakur

Factors Influencing Insulin Adherence In Diabetic
Patients: A Comprehensive Survey Analysis

Dr Shubham Das

01:00 PM – 02:00 PM

Lunch



LECTURE HALL 1

Day 2 : 14th April, 2024 (Sunday)

02:00 PM – 03:00 PM

Thesis Competition

Judges : **Dr S K Sharma** (Jodhpur)
Dr Rohit Ishran (Jaipur)

Effect of SGLT2 Inhibitors on Cardiac Autonomic Function of type 2 Diabetic Adults having Inadequate Glycemic Control by Other Oral Anti-Diabetic Agents: A Prospective Observational Study

Dr Dipan Saha

Correlation Of Epicardial Fat Thickness By 2d Echocardiography With Parameters Of Metabolic Syndrome In Type 2 Diabetes Mellitus Patients: A Cross Sectional Study

Dr Ajinkya Agrawal

A Study Of Glucometrics In Admitted Diabetic Patients With Unsatisfactory Blood Glucose Control Using Continuous Glucose Monitoring (CGM) System

Dr Abhijit Prithviraj Chavan

Urinary Biomarkers Ngal And Beta-2 Microglobulin For Detection Of Diabetic Nephropathy In Type 1 Diabetes Mellitus

Dr Nimisha Sachan

Correlation Of Inter-arm And Inter-leg Systolic Blood Pressure Difference With Albuminuria In Diabetic Adults

Dr Shubham Goswami

04:00 PM Onwards

Closing Remarks & Valedictory in Mini Auditorium 1



LECTURE HALL 2

Day 2 : 14th April, 2024 (Sunday)

08:00 AM – 09:00 AM	Registration & Welcome	
09:30 AM – 10:30 AM	Industry Symposium	Chairpersons : Dr Sunil Mahavar (Jaipur) Dr Rohit Ishran (Jaipur)
09:30 AM – 09:50 AM	Treating the Trinity: PIONEERING optimal outcomes with oral semaglutide	Dr Rajeev Chawla
09:50 AM – 10:10 AM	Path Breaking Innovation in Diabetes Therapy – Degludec & IdegAsp (a coformulation)	Dr Ankur Gehlot
10:10 AM – 10:30 AM	Topic – Simplifying control for T2DM with breakthrough innovation iGlarLixi	Dr Ajay Shah
10:30 AM – 11:00 AM	Making Your Own Poster Presentation	Chairperson : Dr Ashutosh Chaturvedi (Jaipur) Moderators : Dr Alok Modi (Mumbai)
	Picking up the Right Poster Templets	Dr Brij Mohan Makkar
	Working with Layouts/ Designing Your Poster	Dr Brij Mohan Makkar
	Inserting Tables, Charts and Graphs	Dr Brij Mohan Makkar
11:00 AM – 12:00 PM	Using Excel Sheet for Clinical Research	Chairpersons : Dr Mayank Gupta (Jaipur) Dr JK Sharma (New Delhi)
	Getting Familiar with Basics	Dr Alok Modi
	Understanding Formulas and Functions	Dr Alok Modi
	Creating Graphs and Charts	Dr Alok Modi



LECTURE HALL 2

Day 2 : 14th April, 2024 (Sunday)

12:00 PM – 01:00 PM	Setting Up Clinical Trials in Practice	Moderators : Dr Sameer Chandratre (Nashik) Dr Deep Dutta (New Delhi)
	Basics of ICH GCP	Dr Meenal Mohit
	Setting up a clinical trial site	Dr Purvi Chawla
	Be inspection and audit ready	Dr L Sreenivasamurthy
01:00 PM – 02:00 PM	Lunch	
02:00 PM – 03:00 PM	Meta-analysis	Chairpersons: Dr V. Ravindranath Dr V.V.Rama Kumar
02:00 PM – 02:20 PM	Goals of a meta-analysis	Dr Binayak Sinha
02:20 PM – 02:40 PM	Softwares used to conduct meta-analysis	Dr Samit Ghoshal
02:40 PM – 03:00 PM	Meta-analysis – manuscript preparation skills	Dr Deep Dutta
03:00 PM – 04:00 PM	TBD	
04:00 PM Onwards	Closing Remarks & Valedictory in Mini Auditorium 1	

REGISTRATION CHARGES

Category	Registration Fees
Students	Rs. 2000 + GST
Delegates	Rs. 5000 + GST

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